

# First Time Manager

April 6–7

## Trainer

 Robert Blaga

## Agenda

### Day 1

09:00 - 09:30 - Welcoming Coffee  
 09:30 - 10:00 - Course introductions, logistics and setup  
 10:00 - 12:30 - The Brain Game - leadership  
 12:30 - 13:30 - Lunch  
 13:30 - 15:00 - Management framework (I)  
 15:00 - 15:15 - Break  
 15:15 - 16:45 - Management framework (II)  
 16:45 - 17:00 - Closing

### Day2

09:00 - 09:30 - Welcoming Coffee  
 09:30 - 10:00 - The best performing leadership style  
 10:00 - 12:30 - Adapting to people  
 12:30 - 13:30 - Lunch  
 13:30 - 15:00 - The Leadership Ladder  
 15:00 - 15:15 - Break  
 15:15 - 16:45 - Coaching conversations  
 16:45 - 17:00 - Closing

The program is best suited for people who are in their first 12 months as a manager or that are ready to take on their new role.

**Price: €490**

For registrations, please contact us at [camelia@brainiup.com](mailto:camelia@brainiup.com)

## Summary

New managers face multiple new challenges when taking over the job. From repositioning themselves as a leader, understanding their role, mitigating conflict, developing people and being responsible for the results of the whole team, new managers might find themselves in uncharted waters.

We support them by providing a hands-on framework for the job, clarifying their roles and adding new thinking processes and skills to their toolbox.

The first day is focused on management principles and ends with a powerful insight: leadership starts with you.

The second day is more focused on the management framework and adapting their behaviour to different situations they come across, from demotivated employees to low performing ones, managing conflict and using coaching conversations to help the team improve.

## Focus

What are the basic principles of managing people?  
 How do I know what behaviors to deploy and in what situation?  
 How do I talk with employees in different contexts?  
 How do I drive performance and keep people engaged long term?

## Outcome

The most important outcome comes from a change in mindset and a higher comfort in the management role.

This change emerges from being able to better understand people and contexts and having simple but powerful conversational tools at their disposal.